

# TRAM Strengthening Workshop

26<sup>th</sup> – 28<sup>th</sup> June 2013



## The Integrated Wellness Platform for Youth Mental Health The Pan-Canadian IWP Network

### What are the **objectives** of the proposed network?

- To alleviate suffering related to mental illness and to build protective factors that contribute to positive youth development and wellbeing
- To enhance system service delivery capacity to respond in a timely, effective and integrated manner to treatment needs of youth in their natural settings
- To increase the identification of mental health needs at earlier stages to support timely access to intervention
- To increase treatment capacity to adjust service intensity according to youth and family needs (step-up, step-down) without referral to other services or placement on wait lists
- To promote universal positive mental health approaches that foster positive mental health in school and community contexts, and that bolster treatment effectiveness for youth

### Which **organisations** are involved with the network?

#### *The Canadian Health and Education Research Network (CHERN)*

A network of academics, health researchers and evaluators representing all Canadian regions, with over 10 years of academic collaboration in youth health

#### *The Pan-Canadian Joint Consortium for School Health (JCSH)*

A consortium of senior government representatives from ministries of health and education from all territories and provinces with a focus on school and community youth health

#### *The Canadian Training Institute (CTI)*

A national nonprofit training group with expertise in youth mental health approaches, inclusive of partners from universities, colleges and First Nations communities from across Canada

#### *Family Service Canada Network (FSC)*

A national nonprofit network of over 200 family service agencies, with governing

Boards comprised of community representatives and family members

#### *The Centre for Child and Adolescent Psychiatry (CCAP), The Netherlands*

An internationally recognized youth and family mental health research and clinical centre with expertise in the use of Flexible Assertive Community Treatment Team models focusing on strengths and positive youth development

### What are the **biggest challenges** your proposed network has to overcome?

- Reconceptualization of system-centric treatment services to a youth and family centered system approach
- Development and scaling up of a unified national approach to mental health care and service delivery for youth that reduces risk related to mental health concerns and promotes positive youth development

### How will the network **achieve a transformation** in adolescent mental health in 5 years?

Implementation and Evaluation of the Integrated Wellness Platform for Youth Mental Health in three national pilot sites through:

- Collective commitment to a unified treatment philosophy that reinforces youth-centered and strength-based treatment approaches (youth engagement, family strengths, natural settings)
- Integration of departmental and community mental health service system practices (single point of intake, common information management, pooled resources)
- Delivery of school and community-based inter-professional FACT team services to support step-up and step-down treatment approaches (right service, right time, right intensity)
- Embedding of comprehensive positive mental health practices in school and community settings (positive youth environments, bolstered treatment strategies)
- Execution of a developmental evaluation initiative to provide lessons learned from three national IWP sites that contribute to a transformative Canadian mental health service framework



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### What **skills, resources, connections** or other **inputs from potential partners** are you looking to find at the workshop to strengthen your proposal?

- Regional stakeholders with common service philosophies and practices
- Potential sites for implementation of the IWP
- Collaborators who can contribute to evidence-informed practices within the IWP framework

### What **other things** would you like people to know about the proposed network?

- Over 10 years of collaboration among members of each of the IWP networks
- Linkages with all provincial and territorial health and education ministries
- National expertise in both mental health and positive mental health system practice